

Introducing

Safe and Well Visits in Essex

To keep yourself and your family safe at home,
we recommend booking one of our free, personalised
Safe and Well Visits.

Our trained Safe and Well Officers can provide advice
and guidance in relation to fire prevention and home security,
as well as signpost you to additional advice and support
if you need it.

Call: 0300 303 0088

Email: home.safety@essex-fire.gov.uk

Online: www.essex-fire.gov.uk/HFS



During our Safe and Well Visit, we can cover...

Fire Safety

We will ensure you have smoke detectors fitted in the right places, an escape plan, and are up to date with the latest fire safety advice and guidance.

Home Security

We can give you advice and information on preventing burglary, and improving the security of your home for you and your family.

Falls

If you need it, our Safe and Well Officers are trained to order equipment that could help you or a family member move around your home more easily.

Signposting, Health and Wellbeing

Our officers are very knowledgeable about a range of health and wellbeing factors, from dementia and quitting smoking, to loneliness and isolation.

We know we can't help you with everything, but we will do our best to signpost you to the partner organisations who can.



Essex County
Fire & Rescue Service