

# Danbury Leisure Centre Health & Wellbeing Fair

**Saturday 14th October**  
**1pm to 5pm**

**FREE  
ENTRY**

**Take a fresh look at your health!**

- ✔ Meet with Local Health Professionals
- ✔ Danbury Medical Centre & NHS Nurses
- ✔ Nutrition Advice & Vegan Food
- ✔ Community wellbeing services & charities
- ✔ Taster exercise classes from our team.
- ✔ Try Meditation, Reiki, Reflexology, Crystal & Spiritual Healing.
- ✔ Meet Jeanie Jackson Spiritualist & Medium.

Danbury Leisure Centre, Main Road,  
Danbury, CM3 4NQ

Scan the QR to subscribe!



Follow us or call **01245 224515**

[f](#) [@Danburyleisurecentre](#)

COMMUNITY  
FITNESS  
WELLBEING