

MALDON DIVISION MONTHLY UPDATE - COUNCILLOR JANE FLEMING

EMERGENCY HELP WITH FOOD & BILLS

The <u>Essential Living Fund</u> is available to help residents in Essex that are in need of support. The fund can help pay for heating, electricity, water and food. The offer also extends to essential household items such as a fridge, cooker or washing machine.

To qualify for the award, you will be asked questions about your income, earnings and savings. You will also need to provide proof of your financial situation.

BARCLAYS LOCAL AT MALDON DISTRICT COUNCIL OFFICES

Barclays has recently entered into another 12 month agreement to offer support from Maldon District Council offices.

Each Barclays Local also offers free digital skills workshops and fraud and scams awareness events for the community.

Barclays will continue to offer support to their customers from the Council Offices on a Wednesday and Thursday each week from 9.30am to 12.30pm then 1.00pm to 4.00pm.

Customers can either drop in or pre-book appointments online www.barclays.co.uk/local.

FREE MULTIPLY PROGRAMME ON FINANCES & MENTAL WELLBEING

Financial difficulties are a common cause of stress and anxiety. To help overcome these feelings residents can complete a <u>Multiply course focused on life skills</u>. Delivered by Enable East, the course explores the important link between finances and wellbeing.

The Multiply course includes group and personalised 1:1 sessions, and covers topics like budgeting, managing a household income and comparing prices to save money.

MALDON MARKET RETURNS

Maldon District Council is delighted to announce that the Maldon market will return this October following the retirement of the previous market operator.

Over recent years, markets in general have faced a decline due to changing retail habits. Coupled with the recent departure of Terry Frost, the Maldon market has faced the same difficulties.

Following a robust procurement process, the Council is delighted to confirm that <u>Suffolk Market Events</u> has been selected as the new operator.

With this operator's wealth of experience and proven track record, including the recent appearance of award-winning Lavenham Farmers Market on The Farmers' Country Showdown on BBC One, an increase in stallholders, diversity of offer and increased footfall is expected.

The market will return to its usual location in Butt Lane car park on Thursday 12 October.

If you are interested in attending as a trader, please contact <u>alex@suffolkmarketevents.co.uk</u>

FLU & COVID 19 BOOSTER VACCINE

The <u>Covid-19 booster</u> offers protection against the newer strains of the virus, while the flu vaccine protects you against the major strains of flu for this season.

If eligible, you can book a flu vaccine through your GP practice or local pharmacy. You can book your seasonal Covid-19 vaccinations online.

CHILDREN & YOUNG PEOPLE ARE ENCOURAGED TO GET ACTIVE

We've launched a new campaign focused on inspiring, motivating and encouraging children and young people in Essex to get outside and get active.

The <u>Move With Us campaign</u>, supports young people to find an activity that's right for them, and one they'll be more likely to continue with. Discover local opportunities through the <u>Find Your Active activity finder</u>.

THE ESSEX LOCAL OFFER IS GROWING

We are committed to improving the Essex Local Offer for children and young people with SEND. Thanks to your suggestions, we continue to add quality SEND support services, groups and activities to the website all the time. Visit the online directory to <u>view some of the new services</u> added recently.

ESSEX YEAR OF NUMBERS

We've launched a competition to kick-off the Essex Year of Numbers. We're inviting children and young people to creatively show how they use numbers in everyday life.

Entries can include number patterns, diagrams, calculations, explanations, photographs and models. Find out how to enter the Essex Year of Numbers competition.

DRAFT ESSEX WASTE STRATEGY CONSULTATION

What we throw away each day comes at a cost, not just for us but for the environment too. So, we all need to rethink waste. This means reducing what we buy, reusing items and recycling them when they are no longer needed.

The Essex Waste Partnership has set out how we plan to manage waste in Essex over the next 30 years in a draft strategy. Now, we want you to tell us what you think about it.

The draft strategy is deliberately ambitious but achievable. It reflects a joint commitment from councils in Essex to reducing the impact of waste management on climate change. Our proposals will also help to conserve resources and save money in the long-term. This money could then be used elsewhere.

We know there is lots of positive work happening to reduce waste in Essex already and want to build on this. By working together and making small changes, we will see a big difference. Don't waste the chance to have your say.

Find out more about the strategy.

ESSEX ENERGY SWITCH

The Essex Energy Switch is back, the group buying scheme for gas and electricity helps local communities come together to take the hassle out of searching for a better energy rate. It is free to register and there is no obligation to accept an offer. Register for the Essex Energy Switch online.

LOVE ESSEX FUND

Are you seeking funding of up to £500 for an Essex-based project related to reuse or repair? If so, keep an eye on <u>Love Essex's social media</u> for updates when applications open.

Read about previous recipients of the Love Essex Fund.

ESSEX APPRENTICESHIP LEVY TRANSFER SERVICE

If your business has a payroll of over £3 million, you will pay the Apprenticeship Levy. If you haven't used the levy, you might have to return it to the Treasury.

The Essex Apprenticeship Levy Transfer Service (EALTS) helps to keep this money in Essex. By donating unspent levy to a small business, you can help them to offer workplace training. Visit the <u>EALTS website</u> to start your transfer.

PUBLIC HEALTH ACCELERATOR GRANTS

Applications for small grants between £500 and £15,000 from our Public Health Accelerator Bids (PHAB) programme are now open. PHAB is a new £7.5 million grant programme. Funding is available to voluntary groups, charities, NHS bodies, councils, schools and more.

Grants will be awarded to projects that improve the health of residents across Essex. <u>Find out more about PHAB</u> and the application process.