

Your sight matters

Did you know, 50% of sight loss is avoidable.

Essex Sight has been helping the visually impaired for over 100 years.

"Thanks to Essex Sight I have rediscovered my independence"



Contact us:

ESSEX SIGHT

Tel:
01206 548196

Email: services@essexsight.org.uk

www.essexsight.org.uk



**Information
and support
for people
with a visual
impairment**

**Part of Essex Blind Charity
Reg. Charity No. 1103732**



What we do

Essex Sight provides practical help, emotional support and advice to visually impaired people and their carers.

We can help people to maintain their safety and independence and reduce their feelings of isolation.

We hold regular sight centres and low vision awareness days.

How we can help you

- Sight Centres at locations across Essex
- Eye clinic support
- Home visiting service
- Low vision awareness days
- Talks and exhibitions
- Mobile resource centre visits rural areas.
- Coffee Morning
- Help with Iphone/ Ipad etc.

How you can help us

Please contact us if you would like to find out more about the range of services we provide, to volunteer with us, or to fundraise for us.

We are a registered charity and rely on donations to help us reach even more people with sight loss. Please consider making a donation through our website or contact us (details overleaf) to support our work.

